

Do you have concerns about falling?
Would you like to learn more about how
to reduce the fear of falling?

A Matter of Balance



A MATTER OF
BALANCE

MANAGING CONCERNS ABOUT FALLS

You are eligible if you are:

60 or older, Ambulatory, Concerned about falling

Village of Round Lake Park

203 E Lake Shore Dr Round Lake Park IL

Beginning March 22nd

For 8 weeks

Thursdays @ 1:00 pm

To Attend: Call Kari Pohar - 847-740-6708

Funding does not cover all the costs of this program

Donations are encouraged, however, no senior will be denied to register for a program due to inability to make a donation



Lake County Senior Services



*The Village of Round Lake Park
The Community with a Heart*

Funded by:

